## Restoration Ministries Emotional Healing Inventory

## Name Date

INSTRUCTIONS: On a scale of 1 to 10 (1 = not a factor in your life; 5 = moderate factor in your life; 10 = dominating factor in your life) rate each of the following factors both as to past activity and your present situation. Put X after any factor you don't understand as to its meaning.

|     | Past               | Present |     | Past Pres          | sent |
|-----|--------------------|---------|-----|--------------------|------|
| 1.  | Abortion           |         | 21. | Fatigue            |      |
| 2.  | Anger              |         | 22. | Fault Finding      |      |
| 3.  | Annoyed Easily     |         | 23. | Favor, Lack of     | _    |
| 4.  | Appreciation, lack |         | 24. | Fear of God        | _    |
| 5.  | Bitterness         |         | 25. | Fighting           |      |
| 6.  | Broken Home        |         | 26. | Financial Problems |      |
| 7.  | Cheated            |         | 27. | Frigidity          |      |
| 8.  | Communic., can't   |         | 28. | Friendships, lack  |      |
| 9.  | Compelled to Lead  |         | 29. | Frustrated         |      |
| 10. | Condemnation       |         | 30. | Gossip             |      |
| 11. | Covetousness       |         | 31. | Grief              |      |
| 12. | Cults              |         | 32. | Guidance, Lack     |      |
| 13. | Dating Problem     |         | 33. | Guilt              |      |
| 14. | Death              |         | 34. | Hatred             |      |
| 15. | Depression         |         | 35. | Hopelessness       |      |
| 16. | Discouragement     |         | 36. | Humility, Lack of  |      |
| 17. | Dishonesty         |         | 37. | Inadequacy         |      |
| 18. | Divorce            |         | 38. | Incorrect Role     |      |
| 19. | Dominating         |         | 39. | Indecisive         |      |
| 20. | Envy               |         | 40. | Inferiority        |      |

|     |                    | Past Present |     |                    | Past Present |
|-----|--------------------|--------------|-----|--------------------|--------------|
| 41. | Insomnia           |              | 67. | Repentant, not     |              |
| 42. | Interceed, unable  |              | 68. | Resentment         |              |
| 43. | Irritability       |              | 69. | Responsib., lack   |              |
| 44. | Jealousy           |              | 70. | Retaliation        |              |
| 45. | Jesting            |              | 71. | Self-accept., lack |              |
| 46. | Loneliness         |              | 72. | Self-love, lack    |              |
| 47. | Lust               |              | 73. | Sex Problems       |              |
| 48. | Marriage Problem   |              | 74. | Sexual Abuse       |              |
| 49. | Masochistic        |              | 75. | Shyness            |              |
| 50. | Material Lust      |              | 76. | Sickness           |              |
| 51. | Mind out Control   |              | 77. | Stubbornness       |              |
| 52. | Occult             |              | 78. | Suicide            |              |
| 53. | Overeating         |              | 79. | Temptation         |              |
| 54. | Paranoid           |              | 80. | Tension            |              |
| 55. | Parent Love, Lack  |              | 81. | Thoughts, bad      |              |
| 56. | Passivity          |              | 82. | Threatened         |              |
| 57. | Peace, Lacking     |              | 83. | Touchiness         |              |
| 58. | Perform. Oriented  |              | 84. | Unbelief           |              |
| 59. | Persecution        |              | 85. | Unforgiveness      |              |
| 60. | Possessiveness     |              | 86. | Unloved            |              |
| 61. | Prejudices         |              | 87. | Vengeance          |              |
| 62. | Pride              |              | 88. | Victimized         |              |
| 63. | Procrastination    |              | 89. | Withdrawing        |              |
| 64. | Praying difficulty |              | 90. | Witness, inability |              |
| 65. | Rebellion          |              | 91. | Worry              |              |
| 66. | Rejection          |              | 92. | Weight/Eating      |              |